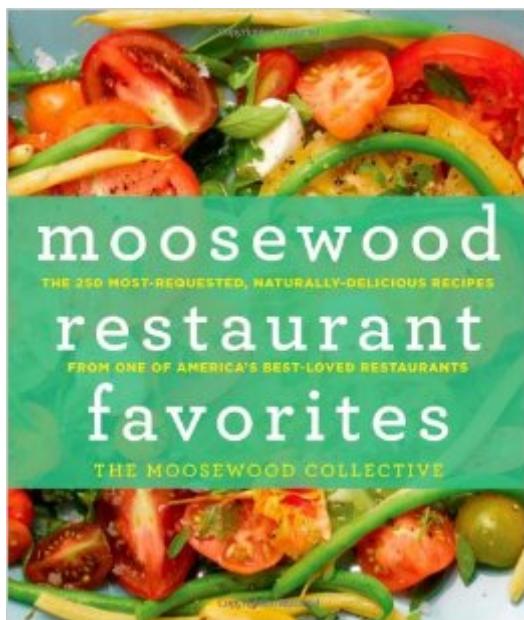


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# Moosewood Restaurant Favorites: The 250 Most-Requested, Naturally Delicious Recipes From One Of America's Best-Loved Restaurants



## **Synopsis**

Moosewood Restaurant, founded in 1973, revolutionized vegetarian cooking by introducing delicious soups, satisfying sandwiches, warming casseroles, zesty entrees, spiffy salads, and divine desserts. Moosewood Restaurant Favorites contains 250 of their most requested recipes completely updated and revised to reflect the way they're cooked now-increasingly vegan and gluten-free, benefiting from fresh herbs, new varieties of vegetables, and the wholesome goodness of newly-rediscovered grains. This mouthwatering cookbook includes favorites like:- Red Lentil Soup with Ginger and Cilantro- Sweet-Potato and Black Bean Burrito- The Classic Moosewood Tofu Burger- Caramelized Onion Pie- Peruvian Quinoa Salad- Confetti Kale Slaw- Vegan Chocolate Cake- Moosewood Restaurant Brownies- Apple Spice Cake with Sesame Seeds Including a guide to natural-cooking techniques, Moosewood Restaurant Favorites is the next classic book on their much-loved cookbook shelf.

## **Book Information**

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## **Customer Reviews**

I purchased this cookbook because recommended it for me and based on the customer reviews, I figured it would be loaded with vegetarian recipes that would keep our family interested and fed for a long while. We don't live near New York and have never heard of or been to Moosewood Restaurant so that was not a consideration of my purchase. The promise of famous, sought after, line up around the block vegetarian recipes was my motivation. Here is what I found in the book:-250 recipes- APPETIZERS x 10- DIPS and SPREADS x 10- SOUPS x 20- SANDWICHES x 11- BURGERS x 5- MAIN DISH SALADS x 16- CURRIES and STEWS x 13- BEANS x 10- FRITTATAS

and PIES x 6- CASSEROLES x 6- STUFFED VEGETABLES x 6- WRAPS, ROLLS and STREUDELS x 7- TOFU x 8- PASTA x 12- FISH x 16- SIDE SALADS x 10- SIDES x 19- SIDE GRAINS x 12- SALAD DRESSINGS x 6- CONDIMENTS and SALSAS x 15- SAUCES and GRAVIES x 12- DESSERTS x 30The list of recipes is extensive with a variety of flavors.....heavy use of sesame oil and Moroccan spices....not something our family is particularly fond of - we have so far cooked up half a dozen of the recipes and found that they are not out of this world, but rather typical and mundane.....certainly didn't need a cookbook to instruct me how to make some of these dishes.My other disappointment was in the photos of recipes - here is what photos the book contains:1. Peppercorn and lemon marinated feta2. Roasted white and sweet potatoes with chipotle aioli3. Olivada, edamame wasabi spread, red bean and walnut spread4. Portuguese white bean and kale soup5. Red Lentil Soup6. Moosewood's classic tofu burgers7.

I'd never heard of the Moosewood Restaurant before I randomly came across this cookbook a couple of months ago, but I was eager to check out this collection of their favorite recipes when I realized that it was all organic vegetarian fare. I'm not a vegetarian, but I once was at one point, and therefore can seriously appreciate the lifestyle. I now try to cook a vegetarian meal at least once a week, and am always looking for more creative recipes to add to my repertoire specifically for those nights.While I loved the ingenuity of some of these recipes, and very much enjoyed reading about the history of the restaurant and it's interesting set-up as a collaborative company, this didn't become a favorite cookbook of mine. I found a few recipes that I'm eager to try out, but the whole thing seemed more geared towards beginner chefs and fans of the restaurant rather than somebody who's genuinely interested in finding new and interesting combinations of ingredients. But they did do a good job in being geared towards that certain audience. Ideas and directions were described in-depth, with a generous glossary of particular foods and instructions on how to cook things like tofu in the back of the book. I appreciated the hard work that obviously went into this cookbook, but those things just weren't really what I was looking for. Perhaps a different Moosewood cookbook (I've heard there are several) would've been better suited for me, I don't know.This cookbook includes a lot of recipes for things like salad dressings, sauces, and desserts, which isn't really what I'm personally interested in. And a generous amount of things like "corn chowder," for which I've seen a million and a half tired, old recipes for.

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